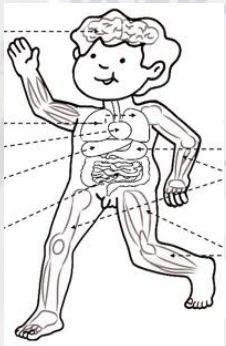
PUER-
i-
CULTURA
Igualada

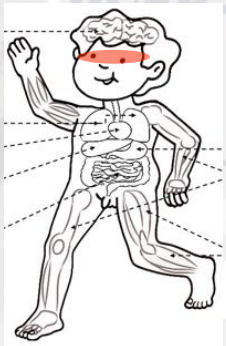
LES FAMOSES "ITIS": RECONÈIXER-LES I COMBATRE-ES

Inma Pablos. Pediatra, IBCLC i mare.
https://blocs.mesvilaweb.cat/pediatria-i-familia/
IGUALADA, 26 d'octubre de 2018

índex



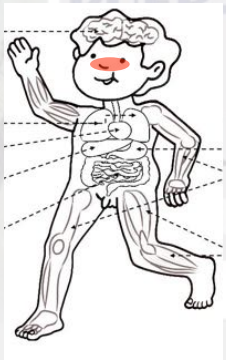
Conjuntivitis



Conjuntivitis

- Rentats oculars
- Bacterianes, al.lèrgiques o víriques
- Coliri
- molt contagioses

Rinitis



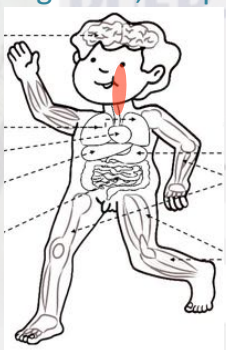
Rinitis

- defensa
- el color
- suero fisiológico

Rinitis

500 ml Agua
1 cucharadita SAL

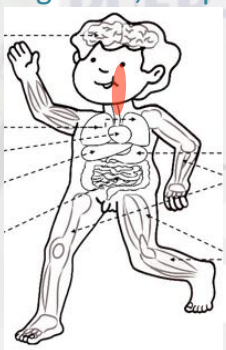
Faringitis, amigdalitis, traqueïtis



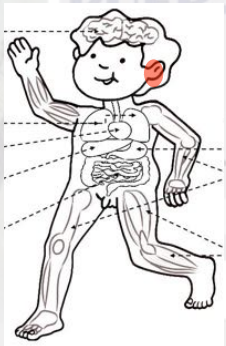
Faringitis, amigdalitis, traqueïtis

TOS +/- DOLOR AL TRAGAR

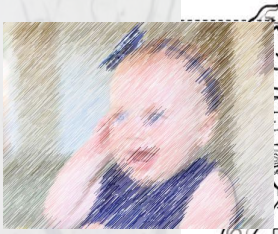
- BUFF
- BALSÀMICOS
- DOLOR



Otitis



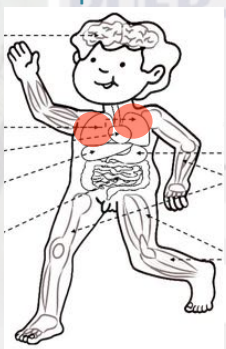
Otitis



IBUPROFE
C/6 hores
2 dies i visita

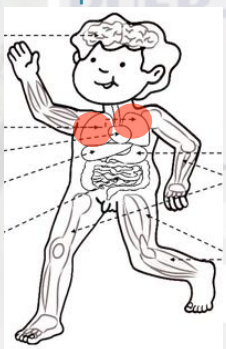
Otitis mitja
vs
Otitis externa

Bronquitis, bronquiolitis



Bronquitis, bronquiolitis

ES VEU!

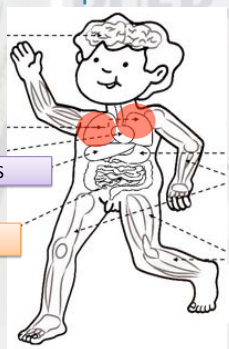


Bronquitis, bronquiolitis

ES VEU!

BRONCODILATADORS

FISIOTERÀPIA



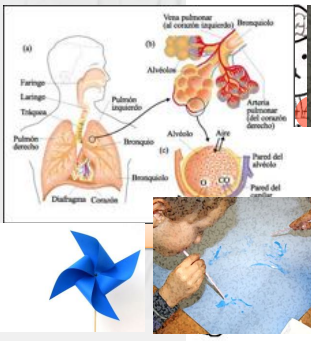
Bronquitis, bronquiolitis

ES VEU!

BRONCODILAT

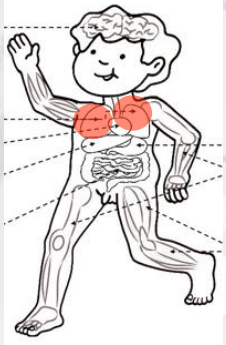
FISIOTERÀPI

Bronquitis, bronquiolitis

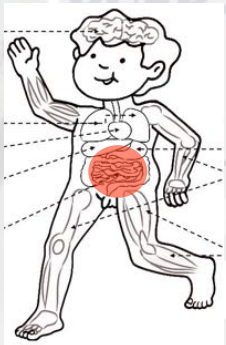


Bronquitis, bronquiolitis

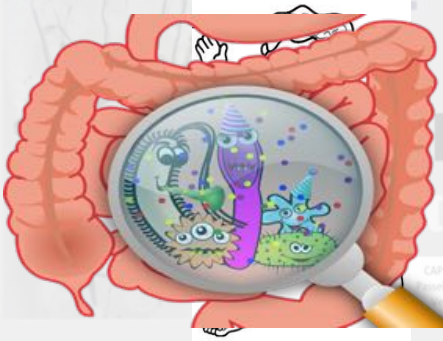
1. HUMITAT
2. BUFAR
3. TOSSIR



Gastroenteritis



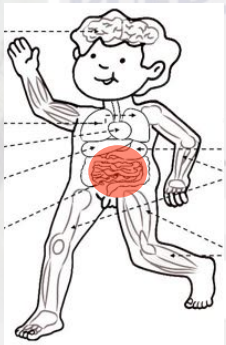
Gastroenteritis



Gastroenteritis

VÓMITS

TOLERÀNCIA



DIARREES

DIETA NORMAL SENSE SUCRES I FREGITS

Gastroenteritis

VÓMITS

TOLERÀNCIA

DIARREES

DIETA NORMAL SENSE SUCRES I FREGITS

VIGILEM LA DESHIDRATACIÓ

Gastroenteritis

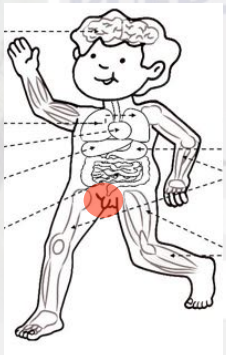
DIARREES

DIETA NORMAL SENSE SUCRES I FREGITS

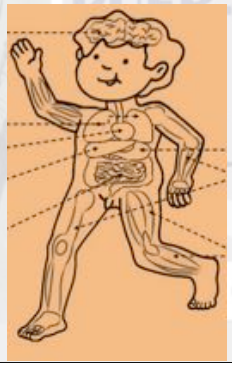
RATACIÓ

Vulvitis, balanitis

- desencadenants
- rentats suero

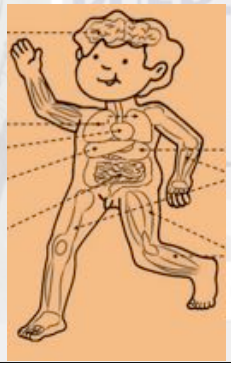


Dermatitis



Dermatitis

- ATOPIA
- DESENCADENANTS
- PERPETUADOR



Dermatitis

FEBRE

- EINA CONTRA LES ITIS
- MAI FA LESIÓ AL CERVELL
- SI NO TENIM FOCUS ÉS IMPORTANT VALORAR L'ESTAT GENERAL I LES PETÈQUIES LES PRIMERES 24 HORES
- SI TENIM FOCUS VALORAR L'ESTAT GENERAL
- DONAR ANTITÈRMIC SI EL NECESSITEN
- OFERIR PROU HIDRATACIÓ I DIETA FRACCIONADA
- NO TAPAR MASSA
- CONSULTAR SI MALESTAT GENERAL O MÉS DE 5-6 DIES DE FEBRE

PROPERA XERRADA:

"DESENVOLUPAMENT INFANTI: allò que és normal tot i que no ho sembli"

https://blocs.mesvilaweb.cat/pediatria-i-familia/2018/09/18/xerrades-pediatriques-2018-2019-al-cap-igualada-urba/

https://t.me/xerradespediatriaigualada

MOLTES GRÀCIES!!!